5 Day Devotional

Day 1: The Question That Changes Everything

Devotional

Have you ever been asked a question that completely shifted your perspective? Maybe it was during a job interview, a difficult conversation with a friend, or a moment of personal reflection. Some questions have the power to change the entire trajectory of our lives.

There's one question that stands above all others in importance: Who is Jesus? This isn't just a theological debate or Sunday school trivia. It's the most crucial question every human being will face in their lifetime. Your answer to this question doesn't just affect your Sunday mornings—it shapes your eternity.

Today, we live in a world filled with confusion about Jesus' identity. Some dismiss him as a myth, others see him as merely a good teacher or moral example. But here's what's remarkable: even with all our modern skepticism, surveys show that four out of five Americans still believe Jesus was a real historical figure. The evidence for his existence is overwhelming.

Yet believing Jesus existed is just the beginning. The real question isn't whether he lived, but who he claimed to be. Was he just another religious teacher, or was he something far more extraordinary? The answer to this question isn't just academic—it's deeply personal and eternally significant.

As we begin this journey together over the next five days, we'll discover that Jesus isn't just a figure from ancient history. He's alive, active, and intimately involved in your life today. The question of his identity isn't just about understanding theology; it's about understanding your purpose, your hope, and your future.

Bible Verse

'In the beginning was the Word, and the Word was with God, and the Word was God. He was with God in the beginning. Through him all things were made; without him nothing was made that has been made.' - John 1:1-3

Reflection Question

When you think about Jesus, what influences have shaped your understanding of who he is, and are you willing to let Scripture challenge or confirm those beliefs?

Quote

That's the question that every single human being must answer in their lifetime. Some will say, well, Jesus didn't exist. Some will say, Jesus was just a teacher. He was a good guy. Some will come to the conclusion that he is who he says he is.

Prayer

Lord Jesus, as I begin this journey of discovering who you truly are, open my heart and mind to your truth. Help me to approach this question with honesty and humility, knowing that my answer will shape not just my beliefs, but my entire life. Give me courage to seek you earnestly. Amen.

Day 2: Before Time Began

Imagine trying to explain the internet to someone from the 1800s, or describing a smartphone to someone who's never seen electricity. Some concepts are so far beyond our experience that they stretch our understanding to its limits. The eternal nature of Jesus is one of those concepts.

When we say Jesus is eternal, we're not just saying he's really, really old. We're declaring something that defies human comprehension: Jesus has always existed. Before the first star was formed, before time itself began, Jesus was there. He didn't come into being at some point in history—he has always been.

This truth directly confronts one of the earliest heresies in church history. A man named Arius taught that Jesus was created by God, making him less than fully divine. But Scripture paints a completely different picture. Jesus wasn't made or created; he was "begotten"—sharing the very same essence as the Father from all eternity.

Why does this matter for your daily life? Because it means the Jesus who loves you, who knows your struggles, who hears your prayers, isn't just a good teacher or even a great prophet. He's the eternal God who chose to step into human history for you. When you pray, you're not talking to someone who learned about God—you're talking to God himself.

This eternal Jesus understands both the vastness of eternity and the intimacy of your current moment. He's not bound by time, yet he enters into your timeline with perfect love and understanding. The God who existed before creation cares about your daily concerns, your fears, and your dreams.

Bible Verse

'Jesus said to them, "Truly, truly, I say to you, before Abraham was, I am." - John 8:58

Reflection Question

How does knowing that Jesus has always existed change the way you view his involvement in your current circumstances and future plans?

Quote

In the beginning was Jesus, and Jesus was with God, and Jesus is God and is God.

Prayer

Eternal Jesus, it's hard for my finite mind to grasp that you have always existed, yet I'm amazed that you chose to enter my world and my life. Thank you for being both the eternal God and my personal Savior. Help me to trust in your timeless wisdom as I face today's challenges. Amen.

Day 3: The Master Builder

Have you ever watched a construction project unfold? There's the architect who designs the building, the contractor who manages the construction, and the interior designer who brings it all to life. Each plays a crucial role in creating something beautiful and functional.

Creation itself followed a similar pattern, but with a divine twist. God the Father served as the architect, designing every detail of the universe with his infinite wisdom. But here's what's remarkable: Jesus was the contractor, the one who actually carried out the construction of everything we see.

When Scripture says "through him all things were made," it's revealing Jesus as the active agent of creation. Every mountain, every ocean, every star, every flower—Jesus spoke them into existence. The hands that would later be pierced on the cross are the same hands that formed the galaxies and shaped the earth.

This means that when you look at a sunset, you're seeing Jesus' artwork. When you feel the warmth of the sun or breathe the fresh air, you're experiencing his creative power. The intricate design of your own body, the complexity of your mind, the depth of your emotions—all of this flows from Jesus' creative work.

But Jesus didn't just create and walk away. He remains intimately involved with his creation. He's not a distant deity who wound up the universe like a clock and left it to run on its own. He's actively sustaining everything, holding it all together by his power.

This creative, sustaining Jesus is the same one who wants to be actively involved in recreating and sustaining your life. Just as he brought order from chaos in the beginning, he can bring order to the chaos in your heart and circumstances.

Bible Verse

'For in him all things were created: things in heaven and on earth, visible and invisible, whether thrones or powers or rulers or authorities; all things have been created through him and for him.' - Colossians 1:15-16

Reflection Question

When you look at the beauty and complexity of creation around you, how does it change your perspective on Jesus' power to work in the details of your own life?

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Jesus is like the contractor or the builder. Jesus then took those commands, and Jesus does the work. He carries out the commands and actually creates stuff.

Prayer

Creator Jesus, when I see the beauty of your creation, I'm reminded of your incredible power and attention to detail. Thank you for not only creating this world but for continuing to sustain it—and me—every day. Help me to trust in your creative power to bring beauty and order to every area of my life. Amen.

Day 4: Fully God, Fully Human

One of the most mind-bending truths about Jesus is that he is both fully God and fully human at the same time. This isn't a contradiction—it's a mystery that theologians call the "hypostatic union." Jesus didn't stop being God when he became human, nor was he less than fully human because he was God.

Think about what this means. When Jesus walked on earth, he experienced everything you experience. He felt hunger, thirst, and exhaustion. He knew joy, sorrow, and even temptation. He understood the sting of rejection, the pain of loss, and the weight of responsibility. Yet in all of this, he remained perfectly God.

Here's what's remarkable: every miracle Jesus performed, every demon he cast out, every person he healed—he did it all through the power of the Holy Spirit, not through his divine nature. He chose to live as we must live, depending on God's power rather than operating independently.

This truth should fill you with incredible hope. You don't have a Savior who can't relate to your struggles. You have a God who became human, who walked in your shoes, who faced temptation and chose obedience. When you're struggling with difficult decisions, remember that Jesus faced real temptation and chose what was right. When you're feeling overwhelmed, remember that Jesus experienced the full weight of human emotion and stress.

But here's the beautiful part: this fully human Jesus was also fully God, which means his sacrifice on the cross was sufficient to pay for all sin. Only God could bear the weight of humanity's rebellion, and only a human could represent us before the Father. Jesus is both—the perfect mediator between God and humanity.

Bible Verse

'Have this mind among yourselves, which is yours in Christ Jesus, who, though he was in the form of God, did not count equality with God a thing to be grasped, but emptied himself, by taking the form of a servant, being born in the likeness of men.' - Philippians 2:5-11

Reflection Question

How does knowing that Jesus fully understands your human experience while remaining fully God change the way you approach him with your struggles and needs?

Quote

It's called the hypostatic union. Okay? What that means is this, is that Jesus is fully God and he is fully man. He has the nature of God and he has the nature of man that are inseparable he is united without the loss of either.

Prayer

Jesus, thank you for becoming fully human while remaining fully God. Thank you for understanding my struggles, my temptations, and my pain. Help me to remember that you walked this path before me and that your divine power is available to help me live as you lived—in dependence on the Father. Amen.

Day 5: Making Jesus Supreme

After four days of discovering who Jesus truly is—eternal God, Creator, and perfect God-man—we arrive at the most practical question: What does this mean for how I live today?

If Jesus is who Scripture declares him to be, then he deserves more than a Sunday morning slot in your schedule. He deserves more than leftover time and energy. He deserves supremacy—first place in every area of your life.

This isn't about perfection; it's about priority. It's about recognizing that the One who created you, died for you, and sustains you deserves to be the center around which everything else orbits. When Jesus has supremacy in your life, it doesn't mean you become a monk or abandon your responsibilities. It means you approach your relationships, your work, your finances, and your decisions through the lens of his lordship.

Making Jesus supreme is both a one-time decision and a daily choice. It's saying, "Jesus, you are not just my Savior; you are my Lord. You don't just get my Sunday mornings; you get my Monday meetings, my Tuesday tensions, my Wednesday worries, and my weekend plans."

Here's the beautiful truth: when Jesus has supremacy in your life, everything else finds its proper place. Your relationships become healthier, your work becomes more meaningful, and your future becomes secure. You're not adding another burden to your life—you're finally organizing your life around the One who can actually handle the weight of being supreme.

The Jesus who holds the universe together is more than capable of holding your life together. The question isn't whether he's able to be supreme in your life—the question is whether you're willing to let him be.

Bible Verse

'And he is the head of the body, the church; he is the beginning and the firstborn from among the dead, so that in everything he might have the supremacy.' - Colossians 1:18

Reflection Question

Looking at your current priorities and schedule, what would need to change for Jesus to truly have supremacy in your daily life, and what's one practical step you can take this week to make that happen?

Quote

We make Jesus priority number one. That's our challenge for this week. We make Jesus. Jesus is supreme. He is the first place and should have the first place in our lives.

Prayer

Lord Jesus, you are supreme over all creation, and I want you to be supreme in my life. Forgive me for the times I've relegated you to the sidelines. Help me to reorganize my priorities, my time, and my heart around you. Show me practical ways to make you first in everything I do. You are worthy of supremacy in my life. Amen.